



Important Spray Tan Information: Please read carefully

Fiji is a hot and humid climate and this can affect your spray tan services; it is very important you follow these guidelines for spray tanning in Fiji for the best result.

BEFORE YOUR TAN

- Leading up to your spray tan try please try and stay cool, perspiration and a warm body will make it hard for the spray tan solution to react with your skin and develop evenly.
- Make sure you have completed all shaving/waxing and exfoliating **12 hours** prior to your appointment. **Do not wear moisturiser, deodorant, sunscreen, oil or perfume** the day of your tan as this will act as barrier meaning your tan may go patchy or green. Skin should be completely clean & natural.
- Make up should be removed so we can lightly spray tan your face to blend with the rest of your tan. If you are getting a make up trial the same day, either you will need to remove the make up once we have completed it, OR if you want to keep it on, please note we won't spray tan your face.

AFTER YOUR TAN

Once you have had your spray tan it is important to remember it is developing on your skin, if you do anything to interrupt that process it will change the outcome of your tan.

- Please wait a few minutes longer than you usually would usually to get dressed, the best option is to put on a dressing gown and stay in an air conditioned area for at least 15 minutes or longer to completely dry off
- Avoid getting hot and sweaty AT ALL until after you rinse the tan off
- Please pay close attention to the information given to you by your therapist; ensure you follow their advice in terms of when to shower
- Please ensure you avoid swimming in the beach or pool in between receiving your tan and the big day. Swimming in either chlorine or salt water causes your tan to fade considerably quicker.

BEFORE YOUR FIRST SHOWER

- **DO NOT** rub or touch the tan
- **DO NOT** wear tight clothing
- If you get sprayed topless it is best to leave your bra off
- **DO NOT** exercise, sit in the sun or do anything that causes sweating

- **DO NOT** apply deodorants or perfumes
- **DO NOT** do any type of repetitive movement
- **DO NOT** get any water on your tan until you're ready to wash it off